



# Psychopathology in the Workplace Series

## CPD Group Discussion

### Details

<b>Time:</b>	2-4 pm
<b>Duration:</b>	2 hour session
<b>Type of Event:</b>	CPD Group Discussion
<b>CPD Points:</b>	2 CEUs

### Event Information

#### Who should Attend:

- Psychologists/Psychometrists
- Interns / Psychology students
- HR practitioners

#### Trainers:

Dr Jopie de Beer, Clinical Psychologist & Jani de Beer, I/O Psychologist

### Overview

**Mood Disorders:** The World Health Organisation estimates that by the year 2020, depression will be the greatest cause of disability worldwide. As professionals responsible for organisations' human resources we need to ensure that we do everything possible to manage this epidemic worldwide. Within this group discussion we will specifically look at the effect mood disorders have on the workplace and what we can do to manage it.

**Anxiety Disorders:** Anxiety is a normal human emotion that everyone experiences at times. Many people however suffer from crippling anxiety which is known as an anxiety disorder. They can cause such distress that it obstructs a person's ability to optimally function within a working environment. What is an anxiety disorder and how can we help employees suffering from it?

**DSM Controversies:** We are all waiting for the DSM 5's arrival however there have been many debates and issues surrounding the new edition. Recently there have been concerns raised about the lowering of diagnostic thresholds and the introduction of disorder categories that many believe could harm vulnerable populations and which may contribute to the current national problem of the overuse of psychiatric drugs. What is your thoughts surrounding this worldwide debate?

#### Johannesburg & Durban

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