



Assessments in Sports Psychology CPD Workshop

Details

Time:	08:30 – 16:00
Length of Workshop:	1 day
Type of Event:	CPD Workshop
CPD Points:	7 CEUs

Workshop Information

What's included:

- One full day of training using didactic and experiential learning techniques
- A coursework file
- Lunch and refreshments

Who should attend:

- Psychologists & Psychometrists interested in Sports Psychology
- Intern Psychology students

Trainers:

- Sandra Case

Overview

As the world of professional sports peaks, the value of assessments is likely to become invaluable within this arena. As we have seen in other contexts, assessments add additional insight, knowledge and information when trying to understand the person or team and their behaviour, and similar findings are being seen in the sports sphere.

Agenda:

- Introduction
- Assessments used in sports psychology
- International research
- South African research studies

Outcomes:

This workshop is designed to offer insights into the current endeavours within the field of Sports Psychology. Assessments that are being used in the field, as well as future developments will be discussed.

This workshop aims to get discussions started on how the field of sports psychology can be promoted within South Africa and the contributions South African professionals can make to the field.

Johannesburg

Jackie Barber

Address: 15 Hunter Avenue, Ferndale, Randburg

Email: training@jvrafrica.co.za or jbarber@jvrafrica.co.za

Tel: 011 781 3705/6/7

Fax: 011 781 3703

Cape Town

Alida Walker

Address: Block 3 Oude Westhof Village Square, Van Riebeeckshof Road, Bellville

Email: awalker@jvrafrica.co.za

Tel: 021 913 0541

Fax: 021 913 0542